



COURAGEOUS. [CHALLENGE]

- Prayer
- Sacraments/Liturgy
- Learning

[ABOUT]

I go to Mass, but I'm not sure I always understand the readings and how they relate to my life.

The Men's Breakfast Club was created as a way to help men gain a deeper perspectives on the readings for the upcoming Sunday. We may not have all the answers, but we have a robust discussion trying to make some sense of it all. Our focus is on how the readings relate to our everyday lives and our daily efforts to live holy lives.

We open with prayer, read the readings, then have a discussion. No forced sharing. Some guys listen, others share thoughts, others look up teachings of the Church. Together we digest the readings and prepare to live them in our daily lives.

[THE CHALLENGE]

Show up at Seton on a Saturday morning at 7:00. no RSVP necessary.

[BE]
COURAGEOUS.

[DURATION]: Weekly for 1 Month