



COURAGEOUS. [CHALLENGE]

- Prayer
- Sacraments/Liturgy
- Learning

[ABOUT]

We are busy people with jobs, our family commitments and the hobbies we have. It's too easy to push our faith aside. But wait, there is an answer...

While you drive to work or mow the lawn, you can listen to a podcast on our Catholic faith. Podcasts or recordings of homilies are a great way to help you grown in your faith journey while driving to or from the office.

- UMD Newman Catholic Campus Ministry by Fr. Michael Scmitz – Tue
- The Fr. Mike Podcast (Ascension Presents) – Wed
- Bishop Barron's Sermons (Word on Fire) – Thu
- The Jeff Cavins Show (Ascension Press) – Wed
- Seton Homilies on Seas-Carmel.org

[THE CHALLENGE]

Subscribe & listen to one of the podcasts provided or find one of interest to you. Make this a part of your week.

[BE]
COURAGEOUS.

[DURATION]: 6 Weeks