



COURAGEOUS. [CHALLENGE]

- Prayer
- Sacraments/Liturgy
- Learning

[ABOUT]

We are called to be saints. Lofty goal, no doubt.

But, a saint is not perfect. They simply strive for holiness in all aspects of their lives. Most saints were sinners like all of us and, in fact, led lives that might be considered worse than ours. Their lives also provide great inspiration and lessons for how we are to live our lives. Learning more about them and understanding their journey to sainthood can help

8 Week program:

Wk 1 – St. Joseph

Wk 2 – St. Mother Teresa

Wk 3 – St. Josemaria Escriva

Wk 4 – St. Therese of Lisieux

Wk 5 – St. John Paul the Great

Wk 6 – St. Francis of Assisi

Wk 7 – St. Elizabeth Seton

Wk 8 – Your Patron Saint

[THE CHALLENGE]

Learn about the life of a different saint every week; Use the saints above or choose your own favorite saints.

[BE]
COURAGEOUS.

[DURATION]: 8 Weeks