



# COURAGEOUS. [ CHALLENGE ]

- Prayer
- Sacraments/Liturgy
- Learning

## [ABOUT]

Need help approaching God in your prayers?

The Memorare invites us to ask the Blessed Mother for her assistance and her grace in our lives. We believe that Mary has a special place with Jesus as His mother. As our mother, she takes our intercessions to Him on our behalf.

St. Mother Teresa would use the memorare prayer in a novena whenever she had a specific prayer intention, repeating the prayer 9 times. In fact, it is reported that her practice was to say an tenth prayer in anticipation of the prayer being granted. Oh to have such faith...

## [THE CHALLENGE]

Commit the Memorare to memory and pray it daily.

[BE]  
COURAGEOUS.

[DURATION]: 21 Days