



COURAGEOUS.

[CHALLENGE]

- Prayer
- Sacraments/Liturgy
- Learning

[ABOUT]

Ever wonder what a particular reading means or how it applies to your life?

Daily reflections can help point out the meaning behind the readings or Gospel, provide a background into what was happening at that time and help you relate to it in your own life.

Some options to consider:

- Fr. Al Lauer's podcast, Daily Bread
- Daily reflections at <http://evangeli.net/gospel>
- The Word Among Us, available in the small basket behind the couches by the fireplace

[THE CHALLENGE]

Subscribe to one of the reflections listed above and consistently read and reflect on the material.

[BE]
COURAGEOUS.

[DURATION]: 21 Days