



COURAGEOUS.

[CHALLENGE]

- Prayer
- Sacraments/Liturgy
- Learning

[ABOUT]

Ever wonder what it would be like to be in complete silence for 72 hours?

The phone ringing, the texts and emails flying in, the music playing, the TV in the background, the cars honking... Our lives are filled with noise. Silent Retreats are a great way to get away and get focused time to hear God speak. Warning – it may take 24 hours to get comfortable with silence. But once you find it and allow God to speak through it, the experience can be very enriching.

- Abbey of Our Lady of Gethsemani (Trappist, KY)
- Day of Silence – Our Lady of Fatima Retreat House (Indianapolis, IN)
- St. Meinrad Archabbey (St. Meinrad, IN)

[THE CHALLENGE]

Invest in a silent retreat and open yourself to what God is saying.

[BE]
COURAGEOUS.

[DURATION]: 72 Hours