



# COURAGEOUS. [ CHALLENGE ]

- Prayer
- Sacraments/Liturgy
- Learning

## [ABOUT]

As human beings, our perception is often skewed. Sometimes we're too hard on ourselves, other times we're too easy. Reconciliation provides us with an opportunity to ask God for forgiveness and to receive the Grace to grow closer to Him. Recognize that while we are all imperfect, Jesus calls us to seek perfection. It doesn't matter if it's been 30 days or 30 years, our Lord is waiting for you.

Some thoughts to consider:

- Review a Reconciliation guide
  - <http://www.usccb.org/prayer-and-worship/sacraments-and-sacramentals/penance/index.cfm>
  - Apps: Laudate; Evangelizo; iBreviary
  - Available at Seton
- Be open to God's Grace

## [THE CHALLENGE]

Celebrate the Sacrament of Reconciliation this week

[BE]  
COURAGEOUS.

[DURATION]: Once a month  
for 6 months