



COURAGEOUS. [CHALLENGE]

- Prayer
- Sacraments/Liturgy
- Learning

[ABOUT]

Go to daily Mass... Daily, you ask? Yes, Daily!

Daily Mass can provide a more intimate experience and can help one calm themselves during the busyness of the week. The Mass can be the calm in the storm. Experiencing Mass daily for a period of time is a great prayer experience.

We're blessed at St. Elizabeth Seton to have Mass available every day:

	MON	TUE	WED	THU	FRI	SAT
6:30 am		X		X		
8:30 am	X		X		X	9:00 am
12:15 pm	X	X	X	X	X	

[THE CHALLENGE]

Attend daily Mass for an entire week.