



COURAGEOUS. [CHALLENGE]

- Prayer
- Sacraments/Liturgy
- Learning

[ABOUT]

The Mass should be incredibly important in the faith of a Catholic man.

The Mass not only offers us a time & place to “reset” ourselves, it also provides us with the greatest gift God has provided – his son Jesus Christ in the Eucharist. In the busyness of our lives, we need this weekly encounter with Christ and our community to reground us. The question we must answer is what role does the Mass play in our week? – do we ‘fit it in’ or do we ‘schedule around it’ as the most important thing we do.

It is important to come to Mass with an open mind to hear God’s voice. This requires an intentional focus and preparation.

[THE CHALLENGE]

Attend Mass every week – Saturday evening or Sunday.

[BE]
COURAGEOUS.

[DURATION]: 3 Months